

WR/DB

JADEION HIGH

#88



HOMETOWN: Hereford, Texas
RESIDENCE: Lubbock, Texas
AGE: 30
HEIGHT: 5-10
YEAR ON U.S. NATIONAL TEAM: 2nd
PRONUNCIATION: JA'DEION High (JAY-dee-uhn)



FIGHT, RAIDERS, FIGHT!

High played collegiate tackle football for the Texas Tech Red Raiders from 2013-18. He finished his Texas Tech career with a strong senior season in 2018, ending the year as Texas Tech's second-leading receiver after appearing in all 12 games, including nine starts. He recorded career highs with 62 receptions for 804 yards and four touchdowns. He was a nominee for the Burlsworth Trophy, given to the nation's top player who began his career as a walk-on.

"Ultimately, my best memories were the game days and the environment," said High. "I do remember a 3rd and 30 pass from Patrick Mahomes when I was starting as a walk on too, but the fans and the game day environment hold the most weight for me."

His contributions at Texas Tech earned him an invite to the Arizona Cardinals rookie camp.

After concluding his tackle football career, High made the move to flag football. High's dad J.D. played flag football when Ja'Deion was younger and Ja'Deion took up the sport again in the last few years.

"It was a way to remain competitive and a reason to travel to places I hadn't been before," High said.



RANCH HAND

High grew up on a ranch, and his first job was to help tend to it until he left for college.

The ranch housed pigs, goats, sheep, and at times, horses, cows and chickens.

"My jobs included taking care of the animals, feeding, cleaning stalls, building fences and barns and tending to the fields so the livestock could graze," High said.



DOG LOVER

High's prized possessions are his two dogs – American Bullies named Drago and Hondo.

"I've had dogs as long as I can remember back to when I was a kid," High said. "I think at one point we had more than ten. It was crazy, but I've never met a dog that didn't like me. It might have taken some time but eventually they've come around."



PASSING IT DOWN

High says the biggest influence on his life is his dad, John David.

"My dad showed and taught me the importance of hard work. No matter the circumstances, just to get up and keep going. Wanting better doesn't happen without working hard," High said.

High's first name, Ja'Deion, comes from a unique combination.

"My dad used his initials (J.D.) to create my name and the Deion part came from Deion Sanders," High said.

NEW YORK, NEW YORK

High and U.S. Women's National Team wide receiver Isabella "Izzy" Geraci traveled to New York City in April 2025 to celebrate USA Football's formal certification as the National Governing Body (NGB) for American football by the U.S. Olympic & Paralympic Committee (USOPC).

The distinction marked a significant milestone in American football history: USA Football became the sport's first National Governing Body ahead of the debut of men's and women's flag football at the Olympic Games Los Angeles 2028.

High and Geraci appeared on NBC's Today Show where host Mike Tirico, who serves as a primary host for NBC's Olympics Coverage, shared the news live from Rockefeller Plaza on April 17. In addition to the Today Show, High and Geraci also appeared live in studio at SiriusXM NFL Radio, enjoyed a birds-eye view of the city from more than 1,100 feet above the ground at Edge sky deck, attended a New York Mets baseball game at Citi Field and visited landmarks like Central Park and Times Square.

